



ask = pedir
ask = perguntar
tired = cansado
how do you say...?

Asking for a favor.

What's up = e aí / o que tá pegando?

Adam : Meggie, can I ask you a favor?
Meggie : What's up, Adam?
Adam : I need to buy a book for my class, but the bookstore is far from my house. I'm really busy this week.
Maggie : I work near the mall. I have lunch there every day. I can do that for you. Just give me the money.
Adam : Really? Thank you, Maggie.
Maggie : You're welcome.

far = longe
busy = ocupado
near = perto
give = dar

Mall = shopping (lugar)
shopping = compras
shopping mall

You're welcome
My pleasure
Foi um prazer
Any time
disponhar

can I ask you a favor?
can you help me?
você pode me ajudar

What's up?
What's going on?
o que está acontecendo / o que tá pegando

Really?
Are you serious?

Thank you
Thanks a lot.

Complete.

Do you work out in the morning?
Yes, I work out in the morning.
No, I don't work out in the morning.

Does your friend go out on the weekends?
Yes, he goes out on the weekends.
No, he doesn't go out on the weekends.

Make questions.

Do they / take a shower in the morning?
No, they don't take a shower in the morning.
no / in the evening

Does Mary/ get up early every day?
Yes, Mary gets up early every day.
Yes

theater = cinema

Answer the questions.

1 - Do your friends get up early on the weekends?
Yes, they get up early on the weekends.

2 - Do you have breakfast in the morning?
No, I don't have breakfast in the morning.

3 - Does your father have lunch at work?
Yes, my father has lunch at work.

4 - Do you and your friends watch movies at the theater?
Yes, I and he watch movies at the theater.

Example:
question word =
o que / qual
What do you do in the morning?
I get up early and take a shower.

Listen and complete.

Jack: What do you do in the morning?
Mary: I get up early and have breakfast.

Jack: What do you do in the afternoon?
Mary: I study Spanish and surf the net.

Jack: What do you do in the evening?
Mary: I work out and play sports.

1 1.63 Listen and repeat the times. Then answer the questions.

am = madrugada / manhã
pm = tarde e noite

Quais horas são antes
o que está acontecendo / o que tá pegando

12:30 p.m. Noon = meio dia

a) Which times are before noon?
b) Which times are after noon?

Read and complete the article with the times in Exercise 1.

Seven perfect daily moments

relógio - biológico
According to body-clock experts, these are the perfect times for routine activities.

body = corpo
wake = acordar

Get up at (1) 6:30 a.m. Your body wakes up with the sun.

Have breakfast at (2) 7:45 a.m. Don't forget breakfast. It's a very important meal.
forget = esquecer
meal = refeição

Do exercise at 8:15 a.m. You have a lot of energy in the morning.

Work from 9:00 a.m. to noon. Use your brain in the morning. After noon it gets tired.
brain = cérebro
get tired = fica cansado

Almoçar
Have lunch at (3) 12:30 p.m. Don't eat a big lunch. A sandwich is perfect.

Have dinner at (4) 6:00 p.m. This is your big meal of the day. But don't eat late - your body needs time to digest before you go to bed.

Go to bed at (5) 11:00 p.m. Your body likes seven or eight hours of sleep, so don't watch TV until midnight! até

1.64 Listen and check.

What time is it? It's...

It's 9:00 o'clock
It's 5:10
It's 3:35
It's 10:50
It's 2:25
It's 1:05 (It's one - oh - five)

2 : 10
It's 10 AFTER two past
5:20 It's twenty after five
It's five twenty
10:25 It's twenty-five after ten
It's ten twenty-five
6:07 It's seven after six
It's six-oh-seven

2:01 até 2:29 usar AFTER
5 : 30
It's half past five
It's half thirty
5:31 até 5:59 usar TO para contar quanto falta para a próx. hora.
15 = a quarter
Noon = meio dia
Midnight = meia noite
1:58
It's one fifty-eight
It's two to two
11:45 am
It's a quarter to noon

5 : 50
It's ten TO six
8:40 It's twenty to nine
It's eight forty
9:50 It's ten to ten
It's nine fifty
4:55 It's five to five
It's four fifty-five

2:15
It's a quarter after two
3:45
It's a quarter to four

Key Vocabulary

A. What time is it?

7:00 It's seven o'clock.
2:05 It's two-oh-five.
It's five after two.
3:15 It's three fifteen.
It's a quarter after three.
6:30 It's six thirty.
It's half past six.

10:45 It's ten forty-five.
It's a quarter to eleven.
9:50 It's nine fifty.
It's ten to ten.
12:00 It's twelve a.m.
It's midnight.
12:00 It's twelve p.m.
It's noon.

What time is it? Write two ways of telling the time.

a) 2:35
b) 7:15
c) 1:10
d) 3:45
e) 4:55
f) 9:40

5.1 Write these verbs with -s or -es.

1 (read) she reads 3 (fly) it flies 5 (have) she has
2 (think) he thinks 4 (dance) he dances 6 (finish) it finishes

5.2 Complete the sentences about the people in the pictures. Use:

eat go live play play sleep

1 He plays the piano. 4 He plays tennis.
2 They live in a very big house. 5 They go to the cinema a lot.
3 She eats a lot of fruit. 6 She sleeps seven hours a night.

5.3 Complete the sentences. Use:

1 Maria speaks four languages.
2 The shops in the city close at 5 o'clock in the evening.
3 The City Museum closes at 5 o'clock in the evening.
4 Tina is a teacher. She teaches mathematics to young children.
5 My job is very interesting. I meet a lot of people.
6 Peter's car is always dirty. He never washes it.
7 Food is expensive. It costs a lot of money.
8 Shoes are expensive. They cost a lot of money.
9 Water boils at 100 degrees Celsius.
10 Laura and I are good friends. I like her and she likes me.

5.4 Write sentences from these words. Use the right form of the verb (arrive or arrives etc.).

1 (always / early / Sue / arrive) Sue always arrives early.
2 (to the cinema / never / I / go) I never go to the cinema.
3 (work / Martina / hard / always) Martina always works hard.
4 (like / chocolate / children / usually) Children usually like chocolate.
5 (Jackie / parties / enjoy / always) Jackie always enjoys parties.
6 (often / people's names / I / forget) I often forget people's names.
7 (TV / Sam / watch / never) Sam never watches TV.
8 (usually / dinner / we / have / at 7.30) We usually have dinner at 7.30.
9 (Kate / always / nice clothes / wear) Kate always wears nice clothes.

5.5 Write sentences about yourself. Use always/never/often/usually/sometimes.

1 (watch TV in the evening) I usually watch TV in the evening.
2 (read in bed) I never read in bed.
3 (get up before 7 o'clock) I often get up before 7 o'clock.
4 (go to work/school by bus) I usually go to work/school by bus.
5 (drink coffee in the morning) I sometimes drink coffee in the morning.