



Check what applies to you

- I feel great when I buy things.
- I go shopping when I am stressed.
- I often max out my credit card.
- I rarely buy things I don't need.
- I keep track of my expenses.
- I usually compare prices before buying something.
- I sometimes buy something and then I forget that I bought it.

Which one of you have better shopping habits?
What is the difference between a person that simply likes shopping and a shopaholic?
9 out 10 shopaholic are women. Why?

Complete the questions with the words given:

- Some people simply can't disconnect from work. What are the chances of you becoming a **WORKAHOLIC** ?
- Are you or any of your friends a **TWEET-A-HOLIC** ?
- Have you heard of Internet **ADDICTION** ?
- Which is worse, a **GAMBLING** addiction or a drug addiction?
- Is it possible to be **ADDICTED** to something good?

Expressions to use in the answers:

- I have no idea.
- I don't know. I don't have a clue.
- I guess... I think (eu acho)
- I'm not sure, but...
- I can't make up my mind. I can't decide.
- It's hard to say. I think...

1 - Follow the model and complete. .

- to eat too much: **overeat**
- to spend too much: **overspend**
- to sleep too much: **oversleep**
- to work too much: **overwork**
- to react too strongly: **overreact**

I feel dizzy

- The last time you overate
- Ways to avoid overspending
- How you feel when you oversleep
- The consequences of overworking
- An occasion when you overreacted

present perfect = is to talk about experiences that happens in our life, when is not important just the actions.

Have you lived in a different city?
 Yes, I have. I've lived in two other cities.
 No, I haven't (lived in)
 No I have never lived in a different city.

Bruna, Have you taken the city hall test yet?
 No I haven't taken the test yet.
 Yes, I've already taken the test.
 Yes, I've **JUST** taken the test.
ACABEI

Lately = ultimamente
 Recently = recentemente

Present Perfect with lately and recently

We use the present perfect tense (have/has + past participle) with *lately* / *recently* when we want to refer to activities or events in a recent past.



Read and write the names on the appropriate lines.

- Sam hasn't taken a bath recently.
 Joey has slept very badly lately.
 Donna hasn't organized her closet lately.
 Olivia hasn't saved much money lately.
 Carol has lost weight recently.



notice = perceber / notar

Listen and choose the correct alternatives.

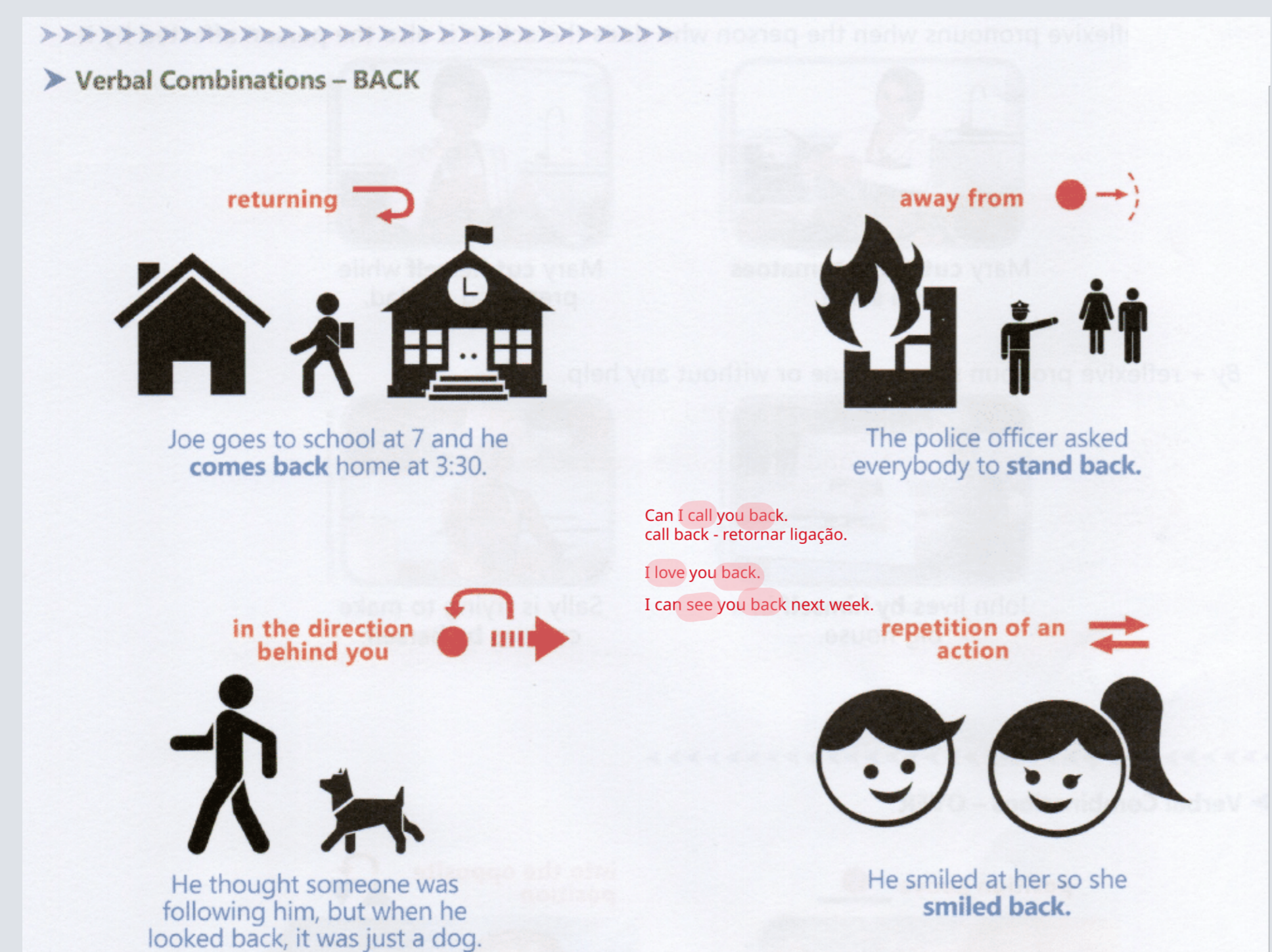
- What have they noticed about Chris lately?
 She has been more talkative than usual.
 She has bought many things.
- In their opinion, is Chris a shopaholic?
 Yes, definitely.
 Maybe not.
- Why hasn't the man been a good friend?
 He's been worried about his own problems.
 He doesn't know what to do.
- What are they going to do to help Chris?
 Have lunch.
 Be more supportive.

A: Have you talked to Chris recently?
 B: No, why?
 A: She hasn't been quiet and in a bad mood. That's not usual.
 B: I noticed she has done a lot of shopping.
 A: Really? That explains it. I think she maxed out her credit cards again.
 B: You know, she says she's not a shopaholic, but I think she's getting there.
 A: I don't know. She may have other problems.
 B: It's a pity. She is such a smart girl. I'd like to help, but I don't know what to do.
 A: She needs a friend to talk to. We haven't been very supportive.
 B: You're right. I haven't been a good friend lately. It's easy to get involved in our own problems and forget all the rest.
 A: I'll invite her for lunch. Will you come along too?
 B: Sure.

VERBAL COMBINATIONS WITH BACK

do without = ficar sem

A: Sorry, I'm late.
 B: That's OK. What happened?
 A: I had to go back home to get my phone.
 B: And couldn't you do without your phone for a couple of hours?
 A: Are you kidding?



Match the pictures with the verbal combinations.

- put back
- bring back
- pay back
- fly back



Complete the sentences with the combinations above.

- Some birds fly North in the Spring and fly back South in Fall.
- Apollo never gets tired of playing with the ball. I throw it as far as I can and he brings back to me.
- I confess I picked a muffin, but I was strong enough to put it back.
- When I lent some money to Andy, everybody told me I would never see it again, but he paid me back a month later.

Mark what is true for you and then exchange ideas.

- If I miss a call, I always call the person back.
- When I borrow something from a friend, I always give it back as soon as possible.
- If somebody shouts at me, I shout back.
- I would like to go back in time.

Complete the gaps with the words or phrases in the boxes.

work on / improve / practice / develop / communication skills / presentation skills / measure / computer skills

She wants to improve her English before the next conference. Our company plans to develop a new product this year. He needs to work on his report before the meeting next week. Every morning, I practice speaking English before I start work. The manager will measure how happy customers are after the new service starts. Good communication skills help you talk clearly with clients and work well in a team. He needs good presentation skills to speak clearly to clients at the conference. Many office jobs need good computer skills to write emails and make reports.

Listen to the dialogue and answer the questions below by choosing the correct alternative.

- According to the dialogue, which skill is considered essential for a social media specialist?
 Being a good leader.
 Being a team player.
 Being creative.
- Why does Anne mention soft skills?
 Because they are easy to learn.
 Because they make a difference at work, even though they are not technical.
 Because they are more important than hard skills.
- What is Anne's opinion about teaching soft skills in school?
 She thinks they should be taught.
 She thinks they can only be learned at work.
 She doesn't think it's necessary.
- Which word in the dialogue means "time to finish something" or "due date"?
 Campaign
 Deadlines
 Content
 S.
- What was Peter thinking of doing?
 Changing jobs.
 Applying for a position.
 Taking a course.

even though = mesmo que / embora

Anne: Hi, Peter! How's it going?
 Peter: I'm good, Anne. I was thinking about that social media specialist position opening in our company.
 Anne: Oh, right! Are you thinking of applying?
 Peter: Maybe. But I'm not sure which skills are most important for that role.
 Anne: Well, for a social media specialist, I'd say being creative is essential because you need to create engaging content. Also, communication skills are very important to interact with the audience.
 Peter: I see. What else?
 Anne: I think project management is useful too, because you'll plan campaigns and deadlines. But you know, many people forget that soft skills are just as important as hard skills.
 Peter: What do you mean?
 Anne: For example, being a good leader or being a team player are skills you don't learn in a technical course, but they make a big difference at work.
 Peter: True. Do you think these soft skills should be taught in school?
 Anne: Definitely! They're essential for any career, but we often only develop them in practice, in daily life.
 Peter: Interesting. Thanks for the tips!
 Anne: No problem! Good luck!

teach = taught