

THE SKY IS THE LIMIT



Success means different things to different people. Check three words you associate with being successful.

goal family fame social status
money power respect talent
trust ambition happiness

Compare the words you chose and explain how you associate them with success.

every now and then = de vez em quando

- Do you think that becoming richer can make you happier?
- Is it possible to achieve success doing something you dislike?
- Which is better, to have lots of money but live a stressful life or have little money and live a stress-free life? **you're gonna have enough to get by.**
- Which is more important, talent or hard work? **efforts**

Listen to a dialog between Clara and Ben and mark the sentences true (T) or false (F).

- (T) Clara is probably a writer for the school blog.
- (F) Clara and Ben have the same idea about being successful.
- (T) In Ben's opinion, helping people is the key to success.
- (F) Clara thinks Ben should stop playing basketball.

Clara: Hi, Ben. Are you busy? Can I interview you for the school blog?
 Ben: An interview? Why me?
 Clara: We're writing about students who are doing great things. And you just won the award for best basketball player in the state. You scored the most points this season.
 Ben: I was lucky.
 Clara: Don't put yourself down. You are really good.
 Ben: You know that I'm not going to play professionally after school. pity = que dó
 Clara: That's a pity, but you can't say you were not successful as a player.
 Ben: That depends on your idea of success.
 Clara: You are the best on the team. The other players respect you. You have lots of fans. Isn't that enough?
 Ben: Not for me. I think the most important thing is to help other people. A person who helps others is successful.
 Clara: Don't you help people now?
 Ben: Let's say I could do more. I like basketball, but I don't think I'm really helping anyone.
 Clara: I think you want too much, but that makes you interesting. So, are you going to give me the interview or not?
 Ben: What for? You know everything about me.
 Clara: Okay, we can skip the basics, but you have to answer a quick quiz. I give you two options, and you choose one.
 Ben: All right, shoot. manda

Think of three questions Clara may ask Ben on the quick quiz.

Ex.: Books or movies?

- lakers or celtics
- go out or stay home
- play basketball or study

Now listen to the quiz and find out if she asked any of your questions.

How would you answer the quiz?

Complete the tips to become successful with the verbs given.



- a) Find what you love and do it.
- b) Know your limits.
- c) believe in yourself.
- d) tell the truth and be honest.
- e) Trust your intuition.
- f) ignore the doubts of others.
- g) Learn to overcome your fears.
- h) surround yourself with successful people.

Mark the tips according to your opinion.

Be down to earth

cheapskate - (cheap)

Stingy = doesn't spend money

- 1 not important
- 2 a bit important
- 3 very important
- 4 extremely important



Talk to your classmates and find out if you have the same ideas.

You can say:

- I agree. Especially if you consider that...
- You're right. It's...
- Really? Don't you think that...?
- Right, but don't forget that...

What is the main obstacle in the way to success? Mark the three most important in your opinion.

- fear of change ✓
- procrastination (putting things off) ✓
- lack of discipline ✓
- negative self-talk ✓
- fear of what others think ✓
- not having a clear goal ✓

Lack = falta algo

compare your choices and give reasons. You may use the ideas below:

- Success doesn't come fast, so...
- How can other people trust you if...?
- You won't go anywhere if you...
- Everybody fails.
- You will lose opportunities if...

REFLEXIVE PRONOUNS

	singular	plural
I	- Myself	You - Yourselves
you	- yourself	We - Ourselves
he	- himself	they - Themselves
she	- herself	
it	- itself	

We use reflexive pronouns when the person who does the action is also the person affected by it.

Compare:



Mary **cut** some tomatoes for a salad.



Anne **cut** herself while preparing a salad.

By + reflexive pronoun means alone or without any help.



John lives **by himself** in a big house.



Sally is trying to make cookies **by herself**.

Read each statement and mark what is true for you. Then ask if the statements are true for him/her.

How often do you talk to yourself?

injury - injured (se machucar)

1. I **sometimes** talk to myself.
2. I have injured myself while exercising more than once.
3. I have never cut myself while cooking.
4. I believe I can **stand up for myself**.
5. Sometimes I get frustrated with myself. deal with it.

YOU CAN SAY!

I DO. / I HAVE

I DO TOO. / I HAVE TOO.

I DON'T EITHER. / I HAVEN'T EITHER.

Mark the activities you enjoy doing by yourself and the ones you don't. Then talk about it.

Going shopping

Studying / Learning new things

Spending time at home

Eating out at a restaurant

Going to the movies

Solving problems / Figuring things out