

Working out



At the gym.

Are you tired?
Yes, I am.

Ana: **Are you OK? You look tired.**

parece cansado

Leo: **Not really. I can't sleep well.**

o que há de errado qual o problema?

Ana: **That's too bad. What's wrong?**

Leo: **I'm stressed. I can't relax.**

Ana: **We can go to the gym now.**

Leo: **Can the gym help?**

Ana: **Yes. We can walk. We can stretch.**

We can lift light weights.

Leo: **I can try.**

Ana: **You can start slow. You can do ten minutes.**

Leo: **Okay. I can do that.**

Ana: **After that, we can drink water.**

Leo: **Great idea! I feel better already.**

eu já me sinto melhor.

I exercise at 8 o'clock.

Qual o problema

I go to the gym AT 9 O'clock.



Are you OK?
Are you all right?

que ruim
That's too bad.
Sinto muito
I'm sorry to hear that.

I exercise at 8 o'clock
What's wrong?
What's going on?

ótima
Great idea.
boa
Good idea.

Difficult situations.

I have a job interview on Monday.

Minha mãe está doente.

• My mom is sick.

I have a difficult test next week.

Can = conseguir fazer algo / ter habilidade

I can play the piano.
Can you play the piano?
Yes, I can't ...
No, I can't (cannot)

Complete.

How do you say...

Can you play soccer? Yes, I can play soccer (very well).

muito bem /tênis/ / érol/

Can your friend do pushups? No, he can't do pushups (at all).

de jeito nenhum zero, nada

Can your classmates run 10k? Yes, they can run 10k. I can do a few pushups.

kilometers

Make questions

/uisôu/
whistle

Can you whistle?
Yes, I can.

/stend/
stand on your head

Can you stand on your head?
Yes, I can.

plantar bananeira

Can you jump on one foot?
Yes, I can.

jump on one foot

Can you say "Hi" in three different languages?
I can speak English but I can't speak Japanese
I can speak sign language but I can't speak English.

ciao
hi
libras
hola
salut

say "Hi" in three different languages

I can play soccer and I can / can't whistle.

can whistle, but I can't. play volleyball

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Make questions with CAN and answer them.

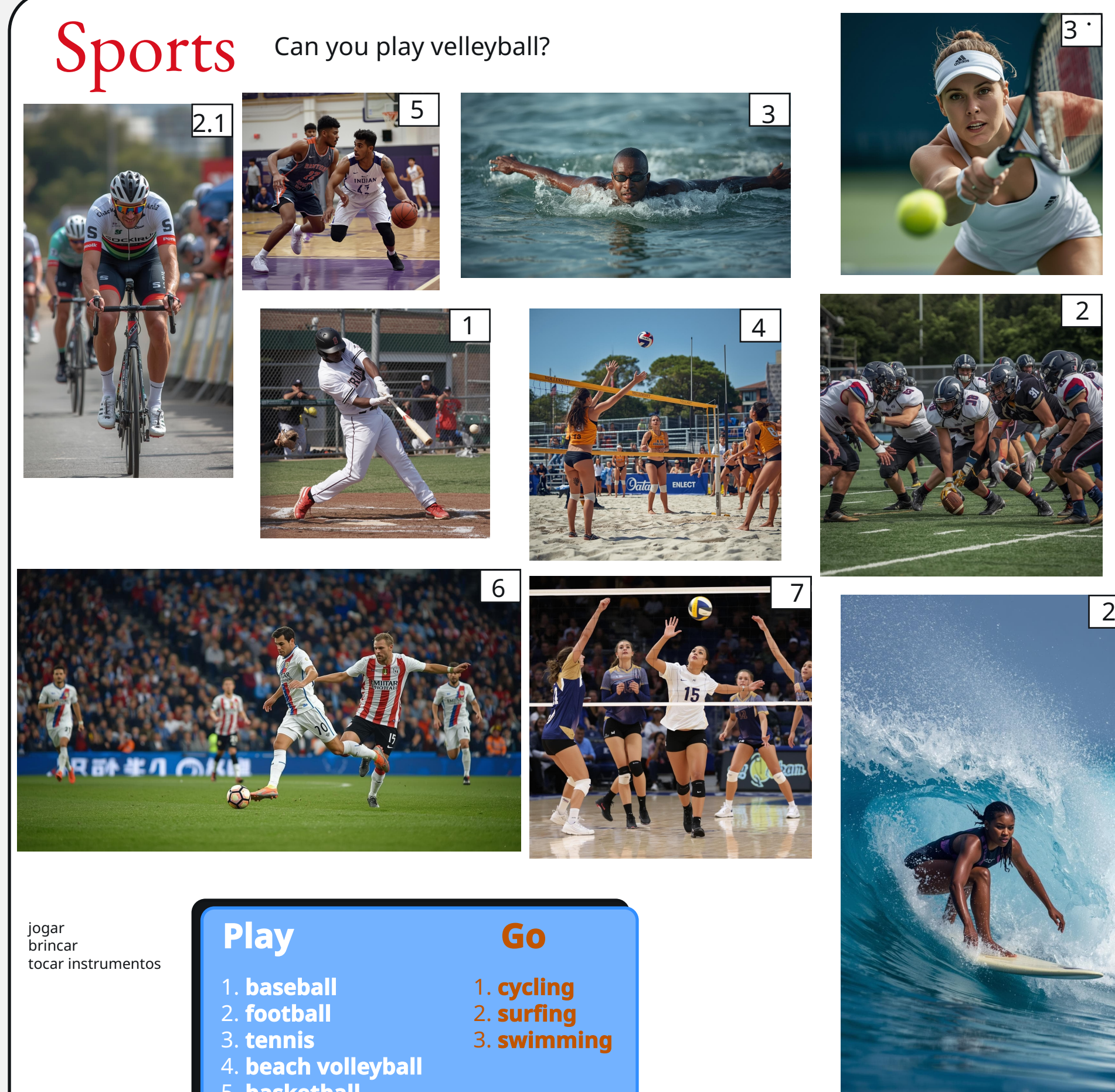
- your best friend / jump kick
A: Can your best friend jump kick?
B: Yes, he can (jump kick) / No he can't.
- your / run a marathon
A: Can you run a marathon? 42 km.
B: No, I can't run a marathon.
- your grandfather
A: Can your grandpa use a smartphone?
B: Yes, he can use a smartphone. / No, he can't use a smartphone.
- your cousins / do a full split
A: Can your cousins do a full split?
B: No, they can't do a full split.
- your mom / whistle
A: Can your mom whistle?
B: Yes, she can whistle.
- you and your brother / speak Spanish
A: Can you and your brother speak Spanish?
B: Yes, he can speak Spanish. / No, we can't speak Spanish.

Hey Carol, what can you do well? O que você consegue fazer bem?
I can stand on my head and run very fast, but I can't do push-ups. And you, Bob?
I can do push-ups and play soccer very well, but I can't run at all.
That's too bad.
I know. I can do a public talk well.

Tiago can you play games?
Yes, I can play games. Yes, I can do that very well.
Yes, I can play games, but not very well.
No, I can't play games at all.

Sports

Can you play volleyball?



Play	Go
1. baseball	1. cycling
2. football	2. surfing
3. tennis	3. swimming
4. beach volleyball	
5. basketball	
6. soccer	
7. volleyball	

I've never tried. I can go cycling. I can play volleyball. not very well.

Conversation

- What sports can you play? I like to watch soccer on tv. volleyball
- What sports can't you play? I like to watch gymnastics on TV
- Do you like to _____? mma fighting
- What sports do you like to watch on TV? mma fighting
- What sports do you hate? odeta

At the gym